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1. IDENTITY

1.1 About us
Amici del Mondo World Friends Onlus is an Italian Association for cooperation for development. From 2001 it has worked towards improving living conditions for populations in the southern hemisphere. Its head office is in Nairobi (Kenya), where the major part of its activities take place. It has its registered offices and administrative office in Rome, and regional offices run by volunteer personnel in Piemonte, Liguria, Lombardia, Veneto, Friuli Venezia Giulia, Emilia Romagna, Lazio and Sicilia, which have developed over the years, and whose expansion is planned to extend throughout the entire peninsula.

1.2 Reference values
Working together with Gianfranco Morino, an Italian surgeon from Acqui Terme, with long experience in Africa, the founding members of World Friends were inspired to create an organisation strongly rooted in its area of work, ready to carry out projects in response to the needs of the local population, and with their full involvement. It is for this reason that World Friends utilises local personnel above all, with minimum recourse to expatriate personnel.

The activities of the Association are developed through an in-depth study of local situations from the historical, social, economic and cultural points of view, thus guaranteeing full respect for traditional values. World Friends is strongly convinced that only with the full participation of local populations and through improving the value of human resources in the territory can sustainable development in African society be guaranteed.

In line with its inspiring principles, the organisation of the Association is functional, pared down and firmly restricted to the indispensable in order not to be a burden on the funds raised for project implementation.

1.3 Mission
World Friends activities are aimed at improving the health, educational and social conditions of the most disadvantaged populations in the southern hemisphere. The ultimate goal is to promote the autonomy of the community where the Association is active. For this reason each project gives great importance to the professional training of local personnel.

1.4 Governance
The General Assembly of Members, the Executive Committee, the President, and the Board of Auditors form the Association’s bodies.

The ordinary Assembly, composed of all members, and on the proposal of the Executive Committee, deliberates the general programme of the association, approves the annual budget and financial statement and elects the President and components of the Executive Committee. The Extraordinary Assembly deliberates modifications to the Act of Constitution and the Statute and on the dissolution of the Association.

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The Executive Committee, currently composed of 5 (five) members, has the following tasks: to develop norms for the regulation of the Association; to prepare the general programme of the Association, triennial and annual; to determine the programme of work on the basis of the guidelines contained in the programme approved by the Assembly, promoting and coordinating activities; to recruit dependent personnel and to stipulate employment contracts with third parties; to prepare the annual budgets; to deliberate on requests for new membership; to provide for the affairs of ordinary and extraordinary administration that are not charged to the Assembly of Members.

The President, elected by the Assembly, has the task of presiding over the Executive Committee and the Assembly itself. The President is charged with representing the Association in the face of third parties and before the law. The President nominates from the members elected for the Executive Committee a Secretary, a Treasurer and possible referents for specific duties (e.g. ongoing projects, communications, fund-raising, etc.).

The Board of Auditors, or the Single Auditor, are nominated by the Assembly of members. These Auditors are responsible for the accounting control and legitimacy of the Association.

1.5 Strategies

The main activities of World Friends take place in the areas of Health, Training and Social Development. The strategic approach of World Friends is based on a number of fundamental principles: participation of local communities and of beneficiaries in the management and evaluation of projects; technical and professional training of local workers and of beneficiaries; social, economic and environmental sustainability of the activities promoted; focusing on socially vulnerable groups of individuals; encouraging collaboration between communities, grassroots associations and local institutions; encouraging scientific exchange and collaboration between European institutions and institutions from developing countries.
2. SOCIAL RELATIONSHIP: THE STAKEHOLDERS

2.1 Beneficiaries of projects in Africa
2.2 Beneficiaries of projects in Italy
2.3 People who work for World Friends
2.4 Donors
2.5 The network with other NGOs
2.6 Public opinion

The stakeholders of World Friends, meaning all those demonstrating interest, interlocutors, those individuals who influence or are influenced by the Association’s activities, include a vast number of individuals and social categories, in Africa as well as in Italy.

2.1 Beneficiaries of projects in Africa

World Friends is currently working in Kenya (Nairobi), and from 2009 in Uganda (Kampala).

<table>
<thead>
<tr>
<th>WHY NAIROBI?</th>
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<tbody>
<tr>
<td>Kenya's capital city has a population of around 4 million inhabitants, two-thirds of whom live in shantytowns. The steady increase in population is accompanied by a rapid increase in the poverty level; currently it is estimated that only 20% of its inhabitants are in regular employment. Around half of the family units are represented by single women with one or more children and there are at least 100,000 AIDS orphans. The infant mortality rate in the shantytowns is 156/1,000 born alive. Life expectancy in Kenya has decreased in the last 15 years from 57 to 46 years: AIDS is among the primary causes. In Kenya there is one doctor for every 20,000 inhabitants and one surgeon for every 50,000; in the shantytowns one doctor for every 150,000 inhabitants. Only 15% of healthcare structures in place offer basic obstetrical care and only 35% of births are assisted by qualified personnel. Maternal mortality in shantytowns is higher than in any other region in Kenya, and while the prevalence of AIDS is decreasing at the national level, adolescents and women in the Nairobi slums are still strongly vulnerable. On the health side, the problems to be resolved are linked to the lack of preventive healthcare services, both primary and specialist, and to the total impossibility of accessing the few services available to the population of the shantytowns due to excessive costs.</td>
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</table>

Beneficiaries
The projects of World Friends are mainly aimed at the populations in the shantytowns in the north-east area of Nairobi (Korogocho, Kariobangi, Babadogo, Mathare Valley-Eastleigh, Huruma, Kahawa, Soweto): around 700,000 people, half of whom are under 15 years of age.

The health problems of the beneficiaries of healthcare interventions by World Friends are innumerable: infective pathologies, traumas, burns, invalidity and infections arising from non-assisted births, tumours provoked by the very high pollution levels from rubbish dumps; gastroenteritis and acute respiratory illnesses, especially in children; states of permanent malnutrition, typhoid and malaria. Tuberculosis is in net recrudescence; the number of children with physical handicaps is high. Diagnoses of illnesses requiring surgery and also cancer are growing, and are always delayed due to the total lack of specialist diagnosis and care services accessible to the poor. Sexually
transmitted illness are widespread, while AIDS is a real scourge. World Friends supports the mothers of disabled children with a dual intervention: it provides surgical assistance and physiotherapy to the children and involves the mothers in small income-generating activities (dressmaking, crafts, manufactured goods) to help with the economic maintenance of their families. The women are also the protagonists of a number of microcredit initiatives, aimed at encouraging income-generating activities, above all in the case of single mothers or women abandoned by their husbands.

The Association's activities are also involved with young people in the shantytowns: activities take place in schools to help less able children and those with serious family and social problems. It organises health prevention and health education courses and training courses for teachers and school principals. Each year these courses involve thousands of young and very young people, thanks to the continuous activities carried out by World Friends in the shantytowns.

### WHY KAMPALA?

Kampala has a population of almost 1.2 million inhabitants, 44% of whom live in the shantytowns occupying around 25% of the urban area. Of the other 430,000 residents in these informal settlements only 75,000 (17%) have access to running water (data Unhabitat.org). In fact, sewage systems are non-existent in the slums: malaria and diarrhoea are widespread among victims of all ages. Kampala has the highest rate of infection from HIV in Uganda: 9.2% of adults compared with 6.3% at the national level. The pandemic is fuelled above all from female prostitution: according to estimates, 47% of prostitutes are HIV-positive. The average life expectancy in the country is 50 years: in the shantytowns it is 43 years. No adequate health structures exist in the slums, and there is just one doctor for 15,18,000 inhabitants. The infant mortality rate in the shantytowns is 134/1,000 born alive.

World Friends works in the Namuwongo shantytown, one of the poorest in Kampala: in fact the population is mainly composed of refugees from the Democratic Republic of Congo and from North Uganda, lands bloodied from years of conflict.

**Beneficiaries**

World Friends activities are focused on children and their families from the nursery school attached to the clinic where World Friends operates. There are around 60 children aged between 3 and 6 years, and taking into considering also brothers and sisters, mothers and grandmothers, the total amounts to more than 200 persons who benefit from medical-healthcare services.

In addition, for 30 mothers, a crafts course has been set up to encourage the start of income-generating activities. In this way the women, often abandoned by their husbands, can provide economic support for their families.

The inhabitants of the nearest slums also come for help to the clinics with ever greater frequency, and are those who otherwise would not be able to receive any type of treatment because of an almost total lack of medical centres in the Kampala slums.

In Kenya as in Uganda, each and every action taken by World Friends is aimed at the training of local personnel: each year numerous workers (both health and social) take part in the Association’s training courses, with an aim to improve their expertise.
and to guarantee the duration, autonomy and replicability of interventions.

2.2. Beneficiaries of projects in Italy

World Friends has set up in Italy a group of young volunteers, “World Young Friends”: they are students or graduates already committed to their own professional training courses, above all in the healthcare field and in the sphere of cooperation towards development. Thanks to the training received from the Association's personnel, they take part locally in activities for encouraging public awareness and fund-raising for projects in Africa.

World Friends has been an active presence in schools since 2004. Thanks to support from volunteers who arrange meetings to encourage public awareness, for many years now students from various Italian towns have been able to get to know the African continent more closely, its resources, connoted problems and its potential for future development.

The methodology followed by World Friends staff includes activities in classes with educative and training activities in the form of edutainment, aimed at students and teachers, to encourage the participation of children and adolescents using interactive and multidisciplinary methodologies.

The public awareness and training activities of World Friends are also aimed at university students and healthcare workers. Often the Association's workers are invited to Universities to research subjects linked to cooperation activities carried out in the field, or they are asked to take part in meetings and conferences for professionals in the medical or healthcare fields.

2.3 People for work for World Friends

In Africa, the staff of World Friends consists overall in 63 collaborators: 45 persons working at the Neema Hospital (local personnel), 6 workers involved in the other projects (local personnel) 6 persons working in the offices of World Friends (expatriates) and 6 volunteers (expatriates).

In Italy the Association comprises 4 collaborators, 4 consultants and 50 volunteers, working in a central administrative office in Rome and with 8 regional offices throughout Italy (Piemonte, Liguria, Lombardia, Emilia Romagna, Veneto, Friuli Venezia Giulia, Lazio, Sicilia).

The 30 members are for the most part those who contributed to the birth of World Friends and who continue collaboration with activities of diffusion and promotion, throughout Italy on behalf of the Association. They organise events, establish new contacts, take steps to involve friends and co-citizens in the work of the Association aimed at expanding the areas where activities could take place.

2.4 Donors

A number of donors economically support the projects carried out by World Friends: institutional and local entities, Italian and International; private citizens and firms; foundations, NGOs, religious institutions; governments and institutions from countries where World Friends operates; international solidarity associations.
With regard to donors, the Association carries out ongoing activities on public awareness and motivation, aimed at involving interlocutors in the initiatives in Italy and in Africa, with the goal of maintaining **constant contact between donors and association**. This takes place through the distribution of a monthly electronic newsletter, and a yearly paper presentation aimed at describing the progress of work, updating new field activities and, in cases of emergency or sudden needs, to circulate fund-raising appeals. Upon receipt of each donation, the **Secretary** sends a letter of thanks, in which he indicates the use intended for the funds received.

The World Friends **website** and the social network where it is present (Facebook, Youtube) offer users a continuous update on the activities carried out in Italy and in Africa. The network has given direct testimony in a specific way (with photos, films and articles) on the progress of building work and the use of the multi-functioning Health Centre at the Ruaraka Uhai Neema Hospital, the Association's main project and destination for the major part of the resources and donations received.

### 2.5 The network with other NGOs

The Association works in collaboration with many cooperation entities, both in Africa as well as in Italy. Among these can be mentioned the non-governmental organization **C.I.S.P** (International Committee for the Development of Populations), with which World Friends has developed numerous initiatives in partnership, particularly the “Neema” project, and **Africa Rafiki** (Tione, Trento), a partner of World Friends in the “Neema” project.

World Friends is a member of the **Italian Observatory for global action against AIDS**, a network of Italian and international NGOs engaged in combating AIDS and poverty. The network aims to contribute to preventing the pandemic in the world, with attention specifically centred on poor and less-developed countries. The Observatory encourages collaboration between the NGOs, developing a common political action towards making public institutions more active in the development of healthcare policies to combat AIDS.

The Association is also part of the **City of Rome Citizens Committee for decentralized cooperation**, a network of organisations working for international cooperation, in the promotion of human rights, in the environmental field and in social services. The Committee's main activities are: information, education for development, and the implementation of development projects in third countries.

Thanks to its offices in Emilia Romagna, World Friends takes part in the “**Tavolo comunale della Cooperazione Internazionale della città di Modena**” and is co-founder, together with other 17 associations, of the journal “**Comitato Provinciale sulla Cooperazione Internazionale allo Sviluppo**”, composed of local entities and associations that work in the field of international cooperation for development, for the promotion of the culture of peace and human rights.

Since 2009 World Friends also belongs, thanks to the regional offices of Liguria, to the “**Piattaforma della Mondialità di Savona**,” a network of 15 NGOs committed to work on themes of peace, immigration and international cooperation for development.
Our Nairobi offices and Association’s projects are chosen places to visit on the part of delegations from different organisations (donors and partners) and by volunteers, interns and workers.

2.6 Public opinion

To be able to carry out its projects, the Association develops above all in Italy an important communication activity, aimed at public awareness and fund-raising. In 2009 World Friends launched the campaign “Nati nel posto giusto” (Born in the right place) for the building of the Maternity Wing at the Neema Hospital. The first phase of the campaign, characterised by fund-raising mainly through solidarity aims, saw World Friends taking part as protagonist in a number of radio and television broadcasts, thanks to its partnership with the RAI Social Secretariat. In economic terms, the results led to the start-up of work for building the Maternity Wing, less than one month from the end of the first campaign phase.
3. PROJECTS AND ACTIVITIES

3.1 Projects in Africa

3.1.1 Neema Project
   3.1.1.1 Socio-educational programme
   3.1.1.2 Socio-healthcare programme
   3.1.1.3 Prevention programme and surgery for the disabled
3.1.2 Support for the Mbagathi government hospital, Nairobi
3.1.3 Afema Project: Support for the mothers of disabled children
3.1.4 Huruma Project: Education
3.1.5 Sara Project: Distance adoption
3.1.6 Dorothy Project: training for local workers
3.1.7 Uganda Project

World Friends activities in Africa include diverse projects aimed to improve the socio-healthcare conditions of the most disadvantaged populations, specifically those living in the shantytowns, and to provide professional training for local personnel.

3.1.1 Neema Project

Project description: The main objective is to contribute to an improvement in the quality of life and to promote the right to health for the populations in the Nairobi slums. The specific aim of the project is to expand the services of the Ruaraka Uhai Neema Hospital, a polyfunctional health centre created by World Friends to guarantee access to the poorest patients for healthcare services, health education for the slum inhabitants and training for medical and paramedical staff.

RESULTS ACHIEVED

Construction of the buildings in the first phase of the Neema project has been completed: A & E, a diagnostic centre, surgeries, a drop-in surgery centre for maternal-infant health and a centre for vaccinations; a day hospital, a centre for health education; AIDS prevention centre, a pharmacy and administrative offices. Building has begun on the Maternity and Physiotherapy departments (conclusion of work expected for July/August 2010). The centre officially opened its services to patients on 1 March 2009: from then until 31 December 2009 16,735 patients were treated at the Ruaraka Uhai Neema Hospital. 2,434 patients received treatment at the A & E; 1,200 X-rays, 561 scans, 1,169 gynaecological examinations, 372 paediatric examinations, 4,376 laboratory exams were carried out. 2,357 patients underwent physiotherapy treatment at Neema, 2070 for the maternal-infant centre, and 389 children were vaccinated. The Ruaraka Uhai Neema Hospital has been recognised by the Medical Board ok Kenya as a Centre for Continue Professional Development (CDP): very few structures throughout Kenya have received this certification.

In 2009 70 healthcare workers were trained at the hospital, thanks to more than 1,000 training hours (workshops, seminars, on-the-job training) conducted by the Neema project staff and by doctors and paramedics from Tuscany on training missions.

MAIN FINANCIERS

Province of Trento, Manos Unidas, European Commission, Italian Cooperation, CEI (Italian Episcopal Conference), Caritas Antoniana from Padova, Caritas Acqui Terme, Diocesi Acqui Terme, IMEC (International Medical Equipment Collaborative, USA), Associazione Cuore Amico, Tuscan Region (Area SI-GR-AR), Alba Care, Municipality of Rome.
Future action:
The next phases of the Neema Project foresee the completion of other wards and departments within the Ruaraka Uhai Neema Hospital: general medicine, paediatrics, general surgery and ortho-traumatological, and a training centre for local medical-healthcare personnel.

3.1.1.1 The Neema Project socio-educational programme

The Neema Project also includes two programmes for prevention and healthcare education targeted for young people in schools, for their families and teaching staff. In this way World Friends reached almost 30 thousand persons in 2009. Project partners here are the Association “Amici di Gino Filippini”, Brescia and “Concern International”.

Education for life: The programme foresees capillary activities in socio-healthcare aimed at young people, schools, parents, teachers and educational personnel. Specifically:
- Health education in schools
- Medical assistance in schools
- Programme on the fight against drugs
- Training of Teachers and Principals
- Seminaries for parents

In addition, activities include a Programme on Health Education in the slum areas (Village Program). Each year two great Public Rally events are held in testimony to the fight against AIDS.

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<th>RESULTS ACHIEVED</th>
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<tr>
<td>In 2009 the programme Education for Life involved 56 schools, with a total of 16,472 pupils. More than 590 young people took part in public awareness initiatives. A seminary was held for 29 school principals, two seminaries for 44 teachers, and school meetings were held for 2,173 parents. 1,500 pupils attended the Public Rally for the 2009 World AIDS Day, which took place on 13 November.</td>
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Safe Motherhood: This initiative was developed by the World Health Organisation (WHO) with the cooperation of numerous partners, including the United Nations (United Populations Fund, UNFPA) and a number of NGOs, aimed at promoting the reproductive health of women and to promote the protection of a safe and responsible motherhood. The programme’s aim is to guarantee that all adolescents can have knowledge of and have access to information, support, services and necessary treatments in the field of reproductive health. The specific aims of the programme are to:
- reduce the rate of undesired pregnancies (and resultant desertion of schooling);
- reduce the rate of abortions and complications arising from them;
- reduce the mortality and maternal morbidity rate;
- reduce the rate of sexually transmitted infections/illnesses (including HIV/AIDS).

The programme is targeted at girls attending primary schools (sixth, seventh and eighth, that is 10-14 years) in a number of slums in Nairobi (Babadogo, Huruma, Kariobangi, Korogocho), where the meetings take place.

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<th>RESULTS ACHIEVED</th>
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<td>In 2009 the Safe Motherhood programme involved 24 schools, with a total of 10,863 girls reached by the project.</td>
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3.1.1.2 The Neema Project socio-health programme
The Neema Project is aimed at strengthening the healthcare structures present in the area of the north-east suburbs of Nairobi, and aims to increase access to healthcare services for the marginalised population groups.

### RESULTS ACHIEVED

In 2009 World Friends guaranteed medical-surgical consultations at the St. Teresa Dispensary, the Kariobangi Mission Dispensary and the Kivuli Dispensary, and the provision of medicines and consumables for the dispensaries. A fund was allocated for the free hospitalisation of the poorest patients; surgical operations were planned and managed at the Mbagathi Hospital and local personnel were trained. Thanks to its presence in these structures, **World Friends reaches around 300 persons each day: roughly 100,000 every year!**

### 3.1.1.3 The Neema project  Healthcare and surgery programme for the disabled

**Project description:** The programme was created with the aim of a global confrontation on the problem of **infantile disability**. According to estimates, in fact, more than 10% of the inhabitants of the Nairobi slums are disabled, and the major part are children, mainly from the Korogocho, Kariobangi, Mathare Valley, Eastleigh, Babadogo and Soweto shantytowns.

The programme offers the following services: screening for handicaps, corrective surgery, rehabilitation and physiotherapy for disabled children from the slums.

### RESULTS ACHIEVED

During the surgical team’s mission which took place from 16 May to 5 June 2009, **113 examinations** were carried out (65 children and 48 adults) and 28 corrective surgery operations (18 children and 10 adults). In the period following the operations, 156 examinations, 70 medications and 40 plaster casts were carried out.

### 3.1.2 Support for the Mbagathi government hospital in Nairobi

**Project description:** World Friends provides support for the Mbagathi hospital for the management of the surgery department (operating theatre and ward), ensuring the permanence of the World Friends surgeon who is in charge of the project. World Friends also contributes to the clinical-surgical specialist training of local medical and paramedic personnel working on the programme, in any case in service or undergoing university training at the hospital. Support and supervision is also contributed to professional technical consultancy and training exchanges with outposted medical centres in the shantytowns.

The Mbagathi district hospital is, in fact, the only hospital accessible to the slum population of Kibera: around 700 thousand persons! World Friends assists the patients and provides for the training of local medical and nursing staff.
The Mbagathi specialist medical centre for surgical patients examines around 40 patients a week (2,000 per year); around 350 surgical operations are carried out in one year.

Over the years World Friends has supplied general and orthopaedic services to the hospital; carried out 8 missions by specialised Italian surgeons; provided consumables for surgical use; started up a fund to pay for the operations for the poorest patients. Our workers provide continuing training for medical and paramedical personnel at the hospital (6 doctors, 6 clinical officers, 12 nurses, 6 physiotherapists).

3.1.3 Afema Project: Support for mothers of disabled children

Project description: The general aim is to improve the living conditions of the families with disabled children in the Nairobi slums of Babadogo, Kariobangi, Korogocho. Disability, in fact, in a context of poverty and lack of healthcare, risks becoming an intolerable burden on families in the slums. World Friends activities have a dual purpose: surgical and physiotherapy assistance to the children, and involvement in small income-generating activities for their mothers (dressmaking, crafts, manufacturing products) so that they can provide economic support for their families. The project has the collaboration of ACREF (African Cultural Research and Educational Foundation), an African association dealing with social promotion of young people in the Nairobi slums.

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<th>RESULTS ACHIEVED</th>
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<td>In 2009 the project saw the involvement of <strong>88 disabled children</strong>, aged between 4 months and 18 years, besides 9 disabled persons who had reached adult age. Within the group, 44 patients had physical disabilities, 38 mental and/or cerebral handicaps and 6 with both of these typologies. The project also involved <strong>85 families</strong>. In 2009 <strong>100 sessions of physiotherapy</strong> were carried out (one every 3 days, which involved all the beneficiaries). In two cases the children undergoing treatment were able to begin to walk. World Friends has helped the families of 41 disabled children to <strong>pay school fees</strong> (by covering 75% of costs). On 8 and 9 June 2009 a training course in marketing took place for 40 “entrepreneurial” mothers. On 3 December 2009, on the occasion of the <strong>International Day of Disabled Persons</strong>, 100 members of AFEMA took part in the march through the streets of the shantytowns against discrimination of the disabled.</td>
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<th>MAIN FINANCIERS</th>
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<tr>
<td>Associazione Cuore Amico, Brescia</td>
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3.1.4 Huruma Project – Education

*Project description:* Aimed to provide social, economic and psychological support for children, as well as providing their food, at the Huruma Primary School, (Huruma shantytowns, Nairobi).

The World Friends programme includes: economic and psychological help for orphan children; nutritional support (3 meals a week); economic support (economic support for the most needy children. End-of-year exam fees are paid for them, and they receive books, exercise books, pens and uniforms); study grants for deserving students who are in situations of great economic difficulty; training courses for teachers on how to affront certain types of psychological and physical problems in students.
After restructuring the school building in recent years and providing furnishings and school uniforms, in 2009 World Friends took over the nutritional programme for 85 children whose families were unable to meet the charges. 851 students have been involved in counselling groups: 6 children in individual sessions.

### MAIN FINANCIERS

Rotary Club Roma Sud Est, Iunior International Institute – Roma

#### 3.1.5 Sara Project – Distance adoption

*Project description:* Using the distance adoption method, special care is taken of one of the thousands of children and young people who live in the Nairobi slums and in the poorest areas of the city. The economic support requested from the donors allows the child to study, pays for any treatment required and serves to create a small “emergency fund” for the family’s contingencies. Sponsorship of a child, in fact, leads to the establishment of a link with the whole family and their home community.

The children and young people to be adopted are chosen by means of a network of social workers developed by World Friends in the Nairobi slums, or with the help of missionaries who have worked for many years in the country and are in contact with the association.

#### RESULTS ACHIEVED

In 2009 World Friends provided direct assistance to 26 children; other young people have benefited from a common fund foreseen by the project which is used in cases of sudden emergencies (medical treatment, vaccinations, diagnostic exams, house rents which need urgent payment). A number of these young people, thanks to the support received continuously throughout the years, have received their high school diplomas and are now studying at university.

### 3.1.6 Doroty Project: Training for local workers

*Project description:* the objective here is the professional training of local workers involved in development projects to valorise their professional grades. World Friends places special emphasis on the subject of the brain drain: for this reason it has doctors and local personnel amongst its own workers in Africa who have studied also in Italy and have decided to return to their own countries to practice their professional activities. World Friends supports the training and specialisation of these young workers, above all in the healthcare sector, considering these activities as fundamental for the encouragement of new development processes at the local level.

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**Social Report 2009**
Currently **13 workers** in different environments (health, education and training, social and psychology) have been trained through this World Friends project, which has identified their training needs, supported the economic costs of the professional courses needed, has followed up and supported their re-establishment in the working environment. Of these training workers, a number are at present collaborating with World Friends in health, education and social development projects.

### 3.1.7 Uganda Project

**Project description:** in 2009 the "**Little Lights Children Centre**", a centre created by an association in the Namuwongo slums, one of the poorest shantytowns in Kampala, approached World Friends to request economic and professional support in carrying out their activities, aimed to:

- Provide free first-aid assistance and out-patient medical treatments for children from the nearby school and their families.
- Give support to healthcare prevention activities for children and their families who have little access to health structures.
- Offer mothers free screening and courses in health-hygiene education
- Cover expenses for any laboratory exams needed, diagnostic investigations, specialist visits and hospital admissions for patients of the centre
- Provide economic support for the children to allow them to have access to primary school
- Provide professional training for women to start up small income-generating activities (dressmaking, crafts ...)

**Monica Talamo** and **Anna Dal Lago**, two volunteer Italian doctors resident in Kampala, work in the medical centre.

### Results Achieved

Medical treatments are given to around **250 patients a week**. Their families are advised on different forms of healthcare prevention, beginning with vaccination controls. Accordingly, each child has been assigned a vaccination certificate and the staff at the centre has contacted local clinics to complete the missing vaccinations. A great number of treatments for the eradication of intestinal parasites and cutaneous fungal infections on these little patients have been recorded. For pregnant women, prenatal assistance is offered and advice in the field of health education (personal hygiene and environmental, nutrition), encouraging them to circulate around the community any information acquired.

In many cases the centre has covered expenses for laboratory exams, diagnostic investigations, specialist examinations and hospital admissions for the patients. During the last months of 2009, following a national campaign for the prevention of cervical cancer, a number of structures were contacted where free screening was carried out and screening was carried out for those desiring it, after they had been counselled on its importance.

### 3.2 Projects in Italy

#### 3.2.1 Youth Project – World Young Friends

#### 3.2.2 Schools Project
World Friends carries out continuous **activities in training, public awareness, cultural policies and the promotion of international solidarity** with the very valuable assistance of its regional offices and volunteers.

These training and public awareness activities are conducted in different contexts and in different ways:

- in schools of all types and grades, through seminaries and courses held by experts and animators from World Friends, targeted at children, young people and parents and school personnel, planned and programmed together with those in charge of the scholastic structures;
- in Universities, both on subjects connected with cooperation activities carried out by the Association (right to health, fundamental rights of man, the brain drain, local development and training), as well Master’s degree courses conducted by World Friends workers in the fields of medicine and surgery (Doctors for Africa, Parma University);
- meetings, conferences, seminaries: World Friends workers are often invited to describe and discuss in depth the Association's projects or to intervene on specific subjects thanks to their experience in the field.

### SEMINARY AT CAMPUS BIO-MEDICO

On the occasion of the campaign “Born in the right place”, on 3 November 2009 in Rome a seminary was held which involved more than 100 students from the University Campus Bio-Medico in Rome. During the event, the book **“L’ospite indesiderato. Storie della tubercolosi, dalle origini alla super-resistenza”** (*The unwelcome guest. The history of tuberculosis, from its origins to super-resistance*) was presented. Among those present were the authors of the book, Maurizio Paganelli and Ottavio Serlupi Crescenzi, Dr. Gianfranco Morino, founder of World Friends, and Professor Giovanni Mottini, Campus Bio-Medico.

### 3.2.1 Youth Project – World Young Friends

*Project description:* “World Young Friends” is a group of young volunteers in Italy established by the Association, who are engaged in public awareness activities, fund raising and self-training in the field of cooperation towards development and subjects relating to the organisation. The volunteers are students or graduates committed to their own professional training courses, mainly (but not solely) in the healthcare field and cooperation towards development. The young volunteers support the Association through different initiatives and are developing a programme of growth, both personal and group-oriented, within the organisation.
RESULTS ACHIEVED

Three meetings were held in 2009, where debates were held in addition to training. The group was also involved in public awareness activities in schools and in the young people's groups. They took part in events and manifestations in the sphere of subjects dealing with cooperation towards development. They also carried out fund-raising activities to support the Association and recruitment efforts for volunteers.
In 2009 two young volunteers spent a year of internship at World Friends offices in Nairobi.
Up to now, the project has involved 45 young Italians.

3.2.2 Schools Project

Project description: World Friends proposes to teachers and students in primary and secondary Italian schools an educational and training course aimed at getting to know Africa and African cultures and peoples, ranging from the fundamental rights of man and of children and their respect in Italy and Africa to themes linked to development in a globalised world context.
The objective here is to educate the young and very young towards a knowledge of Africa, to bring nearer a continent which usually is known exclusively through catastrophic stereotypes (wars, famines, disease ...). In addition, World Friends wishes to make known to students the fundamental rights of children and of mankind and how they are respected, or less respected, in the southern hemisphere and in Italy.
The project envisages educational and training activities to encourage the participation of children through the use of interactive and multidisciplinary methods of play.

RESULTS ACHIEVED

The Veneto group has been active throughout the Rovigo Province since 2004. During these years it has reached almost 1,000 students coming from infants schools (children 5-6 years), primary schools (boys and girls from 6 to 10-11 years) and medium schools (pupils of the third classes, 13-14 years).
Activities of World Friends workers are carried out in collaboration with the Rovigo Province "Assessorato Cooperazione Decentrata Diritti Umani Pace".
World Friends has been collaborating with the Junior International Institute in Rome since 2006: members of World Friends Staff have held many meetings at the school, and the students, helped by teaching staff and by the Principal, have carried out fund-raising initiatives to support the Huruma Project.
Also involved are a number of schools from Acqui Terme and the Alessandria Province.

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3.3 Projects Concluded
3.3.1 Research project on the prevalence of infection from HIV virus in patients at the Mbagathi hospital, Nairobi
3.3.2 Kenya Emergency
3.3.3 Gender-Based Violence – Support for women victims of violence
3.3.4 Wanawake Project – Promoting women
3.3.5 Nachami Project – Healthcare education and AIDS prevention
3.3.6 Combating intestinal parasitosis in children in the slums of Nairobi, Kenya
3.3.7 Senegal Project
3.3.8 Marcolina Project – Support for the "Allamano Children's Hope" school, Karuri, Kiambu, Kenya

3.3.1 Research Project on the prevalence of infection from HIV virus in patients at the Mbagathi hospital, Nairobi

Project description: Collaboration with the University Campus Bio-Medico in Rome and World Friends has produced a research project in Africa on the prevalence of the HIV virus among patients in the Nairobi shantytowns who need surgical operations. The project, with a 2-year duration, has led to the training of a number of local medical-healthcare workers in this research field, which will allow them to apply these acquired techniques also in the future.

Donors: University Campus Bio-Medico, Rome.

3.3.2 Kenya Emergency

Project description: Following the post-electoral violence that struck Kenya in January 2008 (around 1000 dead), hundreds of thousands of people were forced to flee from their villages and their houses in the shantytowns. Many shops were destroyed or razed to the ground, many houses were set on fire. There were more than 12 thousand displaced persons in Nairobi alone.

In those violent days, the number of patients suffering fractures, stab wounds and burns, as well as rape victims, increased dramatically.

To combat this problem, support to the Mbagathi hospital and to the peripheral centres was strengthened. Considerable quantities of medicines and consumables were ordered, and two first-aid centres were equipped to deal with victims of sexual violence.

Thanks to funds raised in Italy through the "Kenya Emergency" campaign (around 200,000 euro), World Friends has been able to support the district hospital of Mbagathi, Nairobi, providing for the treatment of emergency cases, above all those needing surgery; to supply medicines and consumables to the dispensaries in the slums; to strengthen the group of social workers in schools in the slums of Huruma, Babadogo, Korogocho and Kariobangi; to carry out workshops for local school workers to prepare them to face the psychological traumas of students on their return to school; to support 50 families with disabled children (meals and payment of house rents).

3.3.3 Gender-Based Violence – Support for women victims of violence

Project description: In the months following Kenya Emergency, the number of sexual assaults on women markedly increased, above all on minors, accompanied by a strong risk of the spread of the HIV/AIDS virus and serious psychological consequences for the
victims. Within a period of three months, a network of collaborators and qualified workers was created, in addition to teachers and educators, who were able to take action primarily in schools to support the young female students, victims of individual or group violence.

3.3.4 Wanawake Project – Promotion of women

*Project description:* The aim of the project was the promotion of women in the Karare, Marsabit (Kenya) area, through the creation of a laboratory for local crafts (processing agave, sewing and decoration of objects using little pearls) destined for women, and the marketing of laboratory products. The project benefited the women and also the Karare population (around 3,000 persons).

World Friends has renewed and equipped premises for laboratory use; it has facilitated the participation of a number of women on preparation courses at the Maralal Technical School for Women to be trained in a number of techniques that they can then share with other members of their home communities.

3.3.5 Nachami Project – Healthcare Education and AIDS prevention

*Project description:* The general aim was to improve healthcare conditions relating to HIV/AIDS pathologies for the population of Archer's Post, Samburu, Kenya, a semi-arid area in the North at around 300 kms from Nairobi which has high rates of sieropositivity. 160 orphans, young people from the Archer's Post Community and local healthcare workers. World Friends gave economic, health and food support to the AIDS orphans and their families; it has trained healthcare personnel and teachers and carried out healthcare activities in education and HIV/AIDS prevention in schools in the area and in youth groups.
3.3.6 Combating intestinal parasitosis in children in the slums of Nairobi, Kenya

Project description: This initiative, in collaboration with the Association Africa Chiama Onlus (Italy), involved the schools in 4 slums in Nairobi (Huruma, Korogocho, Kariobangi and Soweto), characterised by the lack of running water and adequate sanitation, and by non-respect for hygiene-sanitation norms and proper nutrition.
In the 4 slums indicated, 70 primary schools (19 in Babadogo, 21 in Korogocho, 20 in Kariobangi and 10 in Kahawa West) were involved in the project, reaching a total of 20,793 students.

3.3.7 Senegal Project

This project was carried out in M’boro, a little town 110 kms north of Dakar, Senegal, with a population of around 20,000. The project covered an area of five main villages, having a population mainly of fishermen and their families and with sanitation problems due to the precarious socio-economic conditions and to a total lack of sanitation.
The main aim of the project was to improve the health of the population in this area. Specifically, World Friends has carried out the following activities: renovation and management of the Beno medical centre; courses in hygiene education and health prevention; training of medical and paramedical personnel.

3.3.8 Marcolina Project – Support for the “Allamano Children's Hope” school, Karuri, Kiambu, Kenya

The “Allamano Children's Hope” school, owned by the Missionary Sisters of the Consolate of Nazareth House, received support from World Friends from 2003 to 2005 through the funding of a number of activities: professional qualification courses for teachers; healthcare education seminars for pupils’ families; coverage of part of the management costs (teachers' salaries, healthcare costs for the pupils and their families, teaching materials).

4. ECONOMIC DIMENSION

4.1 Analysis of funds raised
4.2 Utilisation of funds raised

In 2009 World Friends earmarked 90.90% (equal to 1,011,2,874 euro) for projects in Africa, coming from funds raised between Italy and Kenya, thus remaining under the 10% threshold for the Association's management costs.
Around 80% of funds raised are linked to a specific project: in almost a totality of cases for the Neema Project.
In 2009 the Inland Revenue paid in to World Friends the revenue from the 2008 5xthousand tax relief scheme: 69,310 euro, equal to 1,656 signatures collected.

4.1 ANALYSIS OF FUNDS RAISED

<table>
<thead>
<tr>
<th>TOTAL RESOURCES 2009</th>
<th>In Italy</th>
<th>In Kenya</th>
<th>In total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue from general support</td>
<td>27.85%</td>
<td>0.69%</td>
<td>19.19%</td>
</tr>
<tr>
<td>Revenue from project donations</td>
<td>71.99%</td>
<td>98.57%</td>
<td>80.48%</td>
</tr>
<tr>
<td>Revenue from financial and property assets</td>
<td>0.03%</td>
<td>0.73%</td>
<td>0.25%</td>
</tr>
<tr>
<td>Extraordinary income</td>
<td>0.13%</td>
<td>0.00%</td>
<td>0.09%</td>
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</tbody>
</table>
TOTAL PROJECT REVENUE PERCENTAGES

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>In Italy</th>
<th>In Kenya</th>
<th>In total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neema Project</td>
<td>70.70%</td>
<td>98.29%</td>
<td>79.50%</td>
</tr>
<tr>
<td>Huruma Project – Education</td>
<td>0.17%</td>
<td>0.00%</td>
<td>0.12%</td>
</tr>
<tr>
<td>Doroty Project – Local training</td>
<td>0.05%</td>
<td>0.00%</td>
<td>0.03%</td>
</tr>
<tr>
<td>Sara Project – Distance adoption</td>
<td>0.79%</td>
<td>0.00%</td>
<td>0.54%</td>
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<tr>
<td>Healthcare adoptions</td>
<td>0.27%</td>
<td>0.00%</td>
<td>0.19%</td>
</tr>
<tr>
<td>Afema Project</td>
<td>0.01%</td>
<td>0.00%</td>
<td>0.01%</td>
</tr>
<tr>
<td>Youth Group Project</td>
<td>0.00%</td>
<td>0.07%</td>
<td>0.02%</td>
</tr>
<tr>
<td>Deworming Project</td>
<td>0.00%</td>
<td>0.21%</td>
<td>0.07%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>71.99%</strong></td>
<td><strong>98.57%</strong></td>
<td><strong>80.48%</strong></td>
</tr>
</tbody>
</table>

4.2. UTILISATION OF FUNDS RAISED

<table>
<thead>
<tr>
<th>TOTAL COSTS AND EXPENSES</th>
<th>in total</th>
</tr>
</thead>
<tbody>
<tr>
<td>General support costs</td>
<td>8.92%</td>
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<tr>
<td>Project activities costs</td>
<td>90.90%</td>
</tr>
<tr>
<td>Financial and property assets</td>
<td>0.9%</td>
</tr>
<tr>
<td>Extraordinary and other expenses</td>
<td>0.09%</td>
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</table>
Utilisation and application of funds raised

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>TOTAL COSTS AND EXPENSES</td>
<td>1,295,566</td>
<td>1,170,405</td>
<td>1,114,215</td>
</tr>
<tr>
<td>1) Costs for general support</td>
<td>74,371</td>
<td>102,109</td>
<td>99,345</td>
</tr>
<tr>
<td>2) Costs and expenses of activities for institutional projects</td>
<td>1,214,512</td>
<td>1,057,840</td>
<td>1,012,874</td>
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<tr>
<td>3) Financial and property assets</td>
<td>1,376</td>
<td>1,019</td>
<td>970</td>
</tr>
<tr>
<td>4) Extraordinary expenses</td>
<td>5,307</td>
<td>7,567</td>
<td>50</td>
</tr>
</tbody>
</table>

![Bar chart showing costs and expenses over years](chart.png)

Social Report 2009
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